

# Long Term overview

Year Group	Led by	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	NUFC	Fun Move	Fun Move Gymnastics (x2)	Multi Skills	Multi Skills	Team Games	Team Games
	Class teacher	Gross Motor Multi Skills	Gross Motor Multiskills	Gymnastics	Parachute Games	Dance	Athletics
Year 1	NUFC	Team Games	Invasion Games (Football) Gymnastics X2	Team games	Problem solving	Net and wall (Tennis)	Athletics (Fitness Circuit)
	Class teacher	Multi skills	Gymnastics	Dance (The seasons)	Team Games	Athletics (Relays)	Striking and Field (beanbag rounders)
Year 2	NUFC	Invasion Games (Football)	Team games Gymnastics x 2	Invasion Games (Hockey)	Problem solving	Athletics -Fitness Circuits	Striking and fielding – (Cricket)
	Class teacher	Dance (Plants Twinkl)	Gymnastics	Team Games (Bench ball)	Net and wall (Tennis)	Multiskills (Throwing/ Catching)	Athletics (Relays)
Year 3	NUFC	Problem Solving	Invasion (Football) Gymnastics x2	Team games (Dodgeball)	Invasion (Hockey)	Net and wall (Badminton)	OAA
	Class teacher	Fitness Circuits	Net and Wall (basketball)	Dance (Earth Dance)	Gymnastics	Athletics	Striking and fielding (Rounders)
Year 4	NUFC	Invasion Games (Football)	Problem solving Gymnasticsx2	Invasion (Hockey)	Net and Wall (Tennis)	Athletics	Striking and fielding (cricket)
	Class teacher	Team Games (Benchball)	Gymnastics	Skippping	Dance	Swimming	Swimming

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				(Carnival of the animals)			
Year 5	NUFC	Invasion Games (Football)	Problem Solving Gymnastics x2	Net and Wall (Netball)	Team Games Residential (OAA)	Striking and fielding (Rounders)	Invasion (Tag Rugby)
	Class teacher Grid	OAA	Gymnastics	Swimming	Swimming	Dance (ECO Twinkl)	Fitness Circuits
Year 6	NUFC	Invasion (Football)	Problem Solving Gymnasticsx2	Net and Wall (Badminton)	Net and Wall (Basketball)	Olympic games	Leadership in PE
	Class teacher	Swimming	Swimming	Gymnastics	Dance	Invasion Games (Dodgeball)	Team Games