



## **PE Curriculum Statement**

At St Catherine's Primary School our aims are to fulfil the requirements of the National Curriculum for Physical Education

### **Intent**

We believe that physical education is a unique and initial contribution to a child's physical development and their personal and social well-being. At St. Catherine's children have the opportunity to be creative, competitive, and cooperative and face different challenges as individuals, groups and teams. PE promotes positive attitudes towards healthy and active lifestyles as well as life-long learning; for each child to fulfil their potential. We place the learner at the centre of what we do with the ultimate goal of children feeling valued, included, challenged and supported in their learning.

### **Implementation**

Our PE lessons at St Catherine's ensure that all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of the PE National Curriculum. Professional sports coaches from NUFC foundation also deliver high quality lessons for all ages groups at St Catherines. Technical glossaries, skills posters and adult guidance support teachers in their subject knowledge, allowing them to share technical vocabulary and skills clearly, confidently and concisely as well as CPD from Newcastle United foundation. Lessons are planned alongside subject-specific progression maps to ensure that children are given the opportunity to practise existing skills and also build on these to develop new or more advanced skills.

### **Impact**

At St Catherine's we help motivate children to participate in a variety of sports through quality teaching of PE which is fun and engaging. From our lesson's children are able to take responsibility for their own health and fitness, with also taking part in competitive sport. We equip our children with the importance and understanding of team work, supporting others and promoting equality through sport.