

Long Term overview

Year Group	Led by	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Class teacher	Transport and travel		Gross Motor Multiskills		Games with rules	
Reception	NUFC	Fun Move	Fun Move	Gymnastics	Multi Skills	Team Games	Team Games
	Class teacher	Gross Motor Multi Skills (Best of balls)	Gross Motor Multiskills (Best of balls)	Team games (nufc)	Parachute Games	Dance (Dance till you drop)	Athletics (The Olympic pack)
Year 1	NUFC	Team Games	Invasion Games (Football)	Invasion games (using a ball)	Dance	Striking and fielding	Athletics
	Class teacher	Multi skills (Running and jumping)	Gymnastics (Animal Antics)	Athletics (Circuit training)	Team Games (Target) (NUFC)	Net and wall (Bat and Ball)	Multi Skills (Sports day unit)
Year 2	NUFC	Invasion Games (Football)	Team games	Problem Solving	Gymnastics	Athletics -Fitness Circuits	Striking and fielding (Rounders)
	Class teacher	Multi Skills (Throwing and catching)	Invasion (Hockey)	Team games (Target games) (NUFC)	Athletics (Skipping)	Net and wall (Fundamentals)	Athletics (Animal Olympics)
Year 3	NUFC	Problem Solving	Invasion (Football)	Striking and Fielding	Dance	Net and wall (Badminton)	Striking and fielding (Cricket)
	Class teacher	Athletics (Circuit training)	Invasion (Basketball)	Gymnastics (Shape)	Invasion (Dodgeball) (nufc)	Athletics (Skipping)	OAA (Year 3 OAA)
Year 4	NUFC	Invasion Games (Football)	Problem solving	Team games (NUFC)	Rugby falcons	Swimming	Swimming

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	Class teacher	Athletics (Year 4 fundamentals)	Invasion Games (Hockey)	Dance	Gymnastics	Athletics Skipping	Striking and Fielding (Rounders)
Year 5	NUFC	Invasion Games (Football)	Problem Solving	Net and wall Tennis	Rugby Falcons	Striking and fielding (Cricket)	Team games
	Class teacher Grid	OAA (Year 5 OAA)	Invasion games (Netball)	Swimming	Swimming	Athletics (Year 5 Athletics)	Leadership in PE (Year 6 unit)
Year 6	NUFC	Invasion (Football)	OAA	Net and Wall (Badminton)	Dance	Athletics Olympic games	Striking and Fielding
	Class teacher	Swimming	Swimming	Invasion (Handball)	Invasion (Basketball) (NUFC)	Athletics (Circuit training)	Net and wall (Volleyball)